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C-PEN MICRONEEDLING

SUMMARY

- Introduction
- How the technique works
- Action on the skin
- Treatment areas and treatment concepts
- Safety of care: Indications / Contraindications
- Achievement of results/ Frequency and spacing of sessions
- Results obtained (photos)
- Listing of required equipment
- Schedule of a session
 - Pre-care recommendations
 - Pre-Care Questionnaire
 - Client Preparation
 - Device Settings/ Product Selection
 - Client recommendation during the treatment
 - Schedule of the session / photos or diagrams of the treatment
 - Finishing the treatment
 - Post-treatment + follow-up client recommendations Homecare
- Summary protocol
- Possibility of combined treatments
- Advantages and arguments for selling the treatment

WORKING PRINCIPLE OF C-PEN MICRONEEDLING

INTRODUCTION

MICRONEEDLING IS A NATURAL METHOD
SKIN REGENERATION.

This technique, which has been used for many years in the medical and aesthetic field, is acclaimed in all the media for its effectiveness and its astonishing results.

Professionals and influencers alike love it.

DEFINITION:

Microneedling is a method of natural skin regeneration through biophysical and biochemical stimulation

This method is completely painless and non-invasive

The specificity of MICRONEEDLING consists of 2 elements:

- Mechanical stimulation known as "Biophysics"
- Chemical stimulation known as "Biochemical"

BIOPHYSICAL STIMULATION

The use of an electrical device will allow, thanks to the use of fine needles, to promote the reactivation of the skin's natural regeneration mechanism

This technique consists of creating multiple Micro-Perforations at the level of the EPIDERMIS, creating micro-channels. A healing process ensues that allows a natural activation of the synthesis of collagen and elastin fibers.

This results in accelerated natural cell regeneration

BIOCHEMICAL STIMULATION

- Thanks to the micro-channels created, the skin absorbs the active ingredients: vitamin cocktails, hyaluronic acid, peptides, etc. that penetrate deeply.
- Microneedling significantly increases the absorption rate of active ingredients: it has been estimated that the penetration rate of active ingredients has increased by 80%

This phenomenon is called direct chemical absorption

ETYMOLOGY:

- MICROPHONE: "small"
- Needle = Needles
- NEEDLING: Needling is the action of "stitching"

MICRONEEDLING = THE ACTION OF PRICKING WITH SMALL NEEDLES

<h2>FEATURES OF C-PEN</h2>

There are 2 settings to be made to perform treatments: The speed and depth of the needle.

SPEED

The lower the speed, the fewer micro-perforations: Softer feel

On the other hand, the higher the speed, the more micro-perforations there will be: More sensation

THE DEPTH

Depth plays an important role in achieving results

The needle modules are made of surgical steel and contains 12 needles, this module is disposable and SINGLE USE

C-PEN AREAS OF USE: FACE, BODY, SCALP

- No period of social exclusion
- Few side effects reported
- Safe, comfortable and effective
- The effects last for about 6 months after a full 6-session protocol

INDICATIONS- BENEFITS

INDICATIONS IN FACIAL CARE: TREATING ALL INDICATIONS

- Reduction of deep wrinkles, puffiness and dark circles
- Smooths and firms tissues
- Improves skin texture
- Reduces skin blemishes
- Reduces existing pigment spots
- Promotes the creation of collagen and elastin to restore skin's firmness and suppleness
- Reduction of fine lines around the eyes

INDICATIONS FOR BODY CARE: ACTION ON STRETCH MARKS AND SKIN QUALITY

- Reduction of stretch marks,
- Treatment of the appearance of dimpled skin
- Improves skin texture
- Spot reduction: décolleté, hands, back
- Eliminate skin imperfections on the décolleté and back

INDICATIONS FOR SCALP CARE : ACTION ON SCALP DENSIFICATION

- Improvement of androgenetic alopecia
- Stimulates the scalp
- Improves the quality of fine, volume-free hair
- Promotes their regrowth
- Non-invasive technique
- Densification from 3 sessions

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RESULTS OBTAINED- PHOTOS



RESULTS OBTAINED- BODY AND SCALP PHOTOS



RESULTS OBTAINED IN 10 SESSIONS RESULTS OBTAINED IN 3 SESSIONS

SAFETY- PRE-CARE QUESTIONNAIRE

Refer to the Celestetic Pre-Care Questionnaire to determine if the person is eligible for treatment. **This questionnaire must be completed before each session**

MANDATORY CONTRAINDICATIONS:

- ▶ Skin diseases (dermatoses)
- ▶ keloid scars
- ▶ Pregnant women
- ▶ Diabetes
- ▶ Anti-coagulant treatment
- ▶ No sun exposure (natural or UV) 48 hours before the treatment and 72 hours after the treatment
- ▶ Post Chemo: Wait 1 Year
- ▶ Post Antibiotics or Isotretinoic Acid (Roaccutane and similar) treatment: Wait 6 months
- ▶ Autoimmune diseases

FREQUENCY - SPACING OF SESSIONS - MAINTENANCE OF RESULTS

Each session lasts from 45 minutes to a maximum of 1 hour, depending on the treatment area

A complete treatment requires from 6 sessions of facial treatment to 12 sessions of body treatment, at a rate of 1 session every 15 days

1 maintenance session every 2 to 3 months can be offered thereafter.

COURSE OF A SESSION WITH C-PEN

A: CLIENT PREPARATION FOR FACIAL CARE

- ❖ Pre-Care Form
- ❖ Cleaning and disinfection of hands and equipment
- ❖ Make-up removal and skin cleansing
- ❖ Observation of skin type, indications to be treated
- ❖ Determination of the appropriate protocol: see: Choice of C-EM microneedling serums
- ❖ Taking photos before processing
- ❖ Wear single-person gloves
- ❖ Apply a Prep lotion with a cotton pad to the area to be treated
- ❖ Prepare your device, needle and chosen serums
- ❖ Apply the chosen concentrate(s) to the area to be treated
- ❖ Turn the machine on by pressing and pressing for 3 seconds
- ❖ Determine: intensity and depth
- ❖ Treat the affected areas with the right C-EM concentrates

B: WORK RECOMMENDATIONS

Zoning or Working Zone by Zone:

- Each area has specific indications and problems
- We make tailor-made products!!
- We insist more or less depending on the feeling of our client and the skin imperfections
- We will choose the specific serums according to the needs and apply them exactly where the skin needs them
- Respect the different zones to be treated from 1 to 6 and remember to **ADJUST/MODIFY the SPEED and DEPTH** (see table below)

CHOOSING C-EM SERUMS MICRONEEDLING

EGF

REGEN:10x5ml

Mature skin Lack of firmness
Wrinkles

Acne Scars
Stretch Mark



PURE

CLEAN:10x5ml

Blemish-prone skin

Acne-prone skin

Excess sebum

Oily skin

Blackheads and blackheads



SENSITIVE

CARE:10x5ml

Sensitive skin Thin skin

Reactive skin

Diffuse redness



AOX

REPAIR:10x5ml

All skin types

Photo-Aging - Pollution

Dull complexion, Smoker's wrinkles

Brown spots from the sun



BTX

EFFECT:10x5ml

Expression lines

Deep wrinkles

Immediate tightening effect

Wrinkles filled



HYPER PIGMENT:

10x5ml

All types of pigment spots,

Melasma, Chloasma

Photo-aging, chloasma

All skin types



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EYE

PERFECT: 10x5ml

Treats all indications around the eyes: Wrinkles, dark circles, puffiness

Smoothed eye contour, firmness regained

Evidence from scientific studies



HAIR

GROWTH: 10x5ml

Hair loss or mass loss

Improved densification of the scalp from the 3rd session



FAT

REDUX: 200ml

Cellulite treatment

Progressive removal of fat deposits

Smoothed skin without dimples



C-PEN SETTINGS

A: INSTALLING THE NEEDLE MODULE

The needle can only be used once, on the same person. It can be used on several areas during the same session, on the same person.

It is strictly forbidden to use the same needle on more than one person.

It is strictly forbidden to use the same needle on the same person during a subsequent session.

It is mandatory to use needles packaged in sterile packaging. Celestetic is not responsible for the use of non-compliant or non-sterile needles.

The slightly yellow color of the plastic around the needles is caused by gamma ray sterilization. It is completely normal and characteristic of proper sterilization.

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Before inserting the needle, check that the packaging is intact. If it is not intact, dispose of the needle cartridge according to current standards.

Always open the package in front of the customer to ensure that it is a new, sterile cartridge. Open the package with the side of the cartridge facing the needles. Never touch the needles throughout the operation.

Once the cartridge is out of its packaging, check the spring.

Insert the needle module into C-PEN II, turn clockwise. Do not overtighten.

To remove the cartridge, turn in the direction inverse and dispose of it in a specific container

C-PEN SETTINGS

It is mandatory to determine the skin type and check the sensitivity of the skin before moving on to the treatment. The settings provided in this protocol must be respected.

CHOICE OF TREATMENT DEPTH BASED ON SKIN THICKNESS AND PHOTOTYPE

Areas	Thin skin	Thick skin	Dark skin tone
Forehead	0.25 mm	0.25 mm	0.2 mm
Between eyebrows	0.25 mm	0.5 mm	0.2 mm
Puffiness and dark circles	0.2 mm	0.2 mm	0.15 mm
Temples	0.25 mm	0.5 mm	0.2 mm
Cheeks and chin	0.25 mm	0.5 mm	0.2 mm
Upper lip	0.25 mm	0.5 mm	0.2 mm
Post acne scars	0.5 mm	0.5 mm	0.2 mm
Stretch marks	0.5 mm	0.5 mm	0.2 mm
Alopecia	0.5 mm	0.5 mm	0.2 mm
Neck Treatment	0.25 mm	0.25 mm	0.2 mm
Nose	0.25 mm	0.5 mm	0.2 mm



Microneedling consists of treating the superficial layers of the epidermis without ever treating more deeply. Stimulation of the upper layers of the epidermis is enough to generate the desired effects. The normal reaction is pinkish to slightly red skin. The skin should not bleed.

CHOICE OF PROCESSING SPEED BASED ON SKIN THICKNESS AND PHOTOTYPE

Zone	Skin quality	Speed
Face	Thin and sensitive skin	1 to 2
Face	Normal skin	2 to 3
Face	Thick Skin/ Men	3 to 4
Body	All skin types	4 to 5
Scalp		3 to 4

SPECIAL PRECAUTIONS- AMOUNT OF SERUMS

Use of C-EM serums

To choose the right C-EM, refer to the chapter "Choosing the C-EM".

Each vial contains 5ml of concentrated serums, the recommended amount for a face and neck treatment

Eye contour: 0.5ml is enough

Body and scalp treatment: the amount will depend on the area to be treated

Using two fingers (always with gloved hands) or with a brush or pipette, gently spread the product over the entire area to be treated.

RECOMMENDATIONS FOR WORKING WITH C-PEN

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FACIAL TREATMENT

Once the C-EM is applied, gently hold the skin taut with one hand. With the other hand, while holding the pen, use a steady, slow processing pace. Work two or three times in a linear fashion and finish in very small circles, always perpendicular to the skin.

Work at a rate of 5cm per second.

Work well perpendicular to the skin.



Never press too hard and avoid treating sensitive areas.

It is forbidden to treat the areas below the eye (risk of injury).

If you notice the slightest bleeding, immediately lower the speed and depth of treatment

SCAR TREATMENT

Perform three passes along the length of the scar and three passes across the width of the scar. The scar should turn pink. Use the C-EM EGF Regen.



It is strictly forbidden to treat keloids or hypertrophic scars.

They are recognizable by their raised appearance.

TREATMENT OF STRETCH MARKS

Treat stretch marks in three strokes. Use slow, circular motions throughout the area. Use the C-EM EGF Regen.

Scalp treatment

Perform three to five strokes per area after applying C-EM Hair Growth to the area where regrowth is desired

FINISHING THE TREATMENT

Apply HydraMist + EGF PRO Serum + ULTIMATE PROTECT SPF 30 or DNA PROTECT SPF 50+ Sunscreen

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WHAT OTHER TECHNIQUES CAN YOU COMBINE C-PEN MICRONEEDLING WITH?

It is quite possible to combine C-PEN Microneedling with other techniques during the same treatment

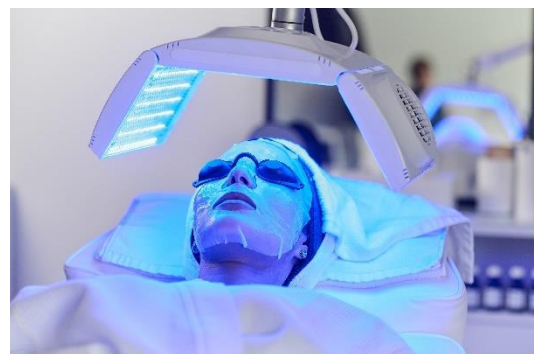
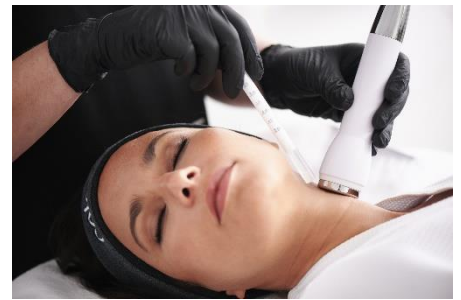
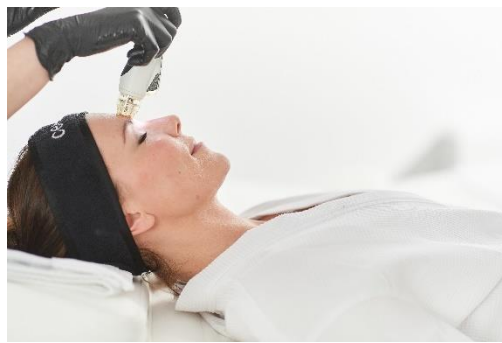
BEFORE MICRONEEDLING

- Hydro-microdermabrasion
- Radio-frequency
- Peels

AFTER MICRONEEDLING

- Electroporation
- LED Photo-Biostimulation

Or simply post microneedling, follow up with the application of a mask



POST-TREATMENT CLIENT REFERRAL – HOMECARE

AFTERCARE

- It's important to maintain results by continuing a routine at home
- After the session: no make-up, you can apply make-up the next day
- For 48 hours: no swimming pool, sauna, steam room, jacuzzi....
- The following week: no intensive sun exposure
- Moisturize the skin regularly as often as needed
- Use sunscreen **for 5 days Post-treatment.**

INTERVIEW BETWEEN 2 SESSIONS

- Continue to moisturize the skin well with suitable products: serums + day and night creams
- Take the microneedler again with the cosmeceutical serum(s) from the 3rd day after the treatment carried out in the cabin
- Apply a **MANDATORY** moisturizer and sunscreen for 5 days Post-treatment

TIP +: Using the microneedler

The microneedler can be used:

1 time a week for thin and sensitive skin

2 times/week for thick, mature skin or for spot applications: Acne scars

Work on clean, make-up free skin

Working dry (without serums)

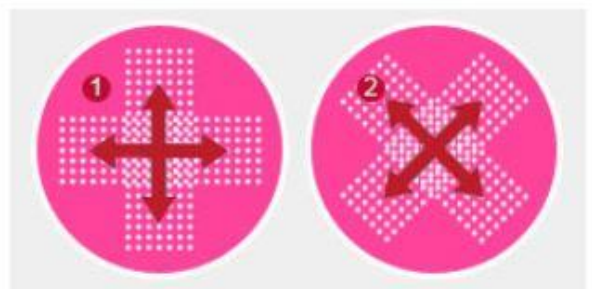
Do not press

Go back and forth 2 times over the area to be treated

Working in a cross:

1-VERTICAL: from top to bottom and same as horizontal: from left to right

2- DIAGONALS: left/right and right/left



PROTOCOL SUMMARY CELESTETIC C-PEN MICRONEEDLING

- 1- Have the client fill in the anamnesis and put together 1 follow-up sheet with her treatment settings
- 2- Ask the client to remove her clothes and any jewelry from the area to be treated
- 3- Clean the area to be treated carefully
- 4- Take the Prep Solution
- 5- Take pictures
- 6- Choose the right C-EM(s)
- 7- Getting started and setting up C-PEN
- 8- Work on each zone according to the settings indicated
- 9- Turn off C-PEN
- 10- Apply HYDRAMIST+ Ultimate Protect SPF 30 or DNA Protect SPF 50+

THE ARGUMENTS FOR SELLING C-PEN MICRONEEDLING'S SESSIONS

Time alters our skin. Age, sun exposure, stress and smoking are all factors that contribute to the aging and sagging of the skin, the appearance of wrinkles, spots and redness of the skin.

The Microneedler works by stimulating the skin's natural healing process to revitalize and improve the quality of the skin. This induces the production of new collagen and elastin, the skin becomes firmer and more elastic.

The Microneedler is indicated for its anti-aging, rejuvenating and plumping effects, on the complexion and on the radiance of the skin, to repair and heal: acne scars, stretch marks, to stimulate hair regrowth, to locally eliminate localized fat deposits

The microneedles gently penetrate the skin, stimulating tissue regeneration, without damaging them

These microscopic openings allow serums and products specific to the desired treatment to penetrate deeply into the active ingredients and therefore increase their effectiveness.

The majority of active ingredients in topically applied products have difficulty penetrating the superficial layers of the skin.

With the Microneedler, the absorption of active ingredients is multiplied by 200, making it a unique technique of deep regeneration

AFTER-SALES SERVICE

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<https://celestetic.com/support/fr/assistance>

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