

celestetic.

PROFESSIONALS

PEEL 2.0 ADVANCED



TREATMENT PROTOCOL

PEEL 2.0 Advanced

SAFETY

MANDATORY PRE-TREATMENT REVIEW

It is mandatory to fill in the history and have it signed by the client before the treatment.

Celestetic is not responsible for any misuse of the products, failure to follow the protocol, or failure to provide information to the client receiving the treatment

Contraindications

Do not perform the treatment if the client has any of the following contraindications :

- Suspicious lesions and stains on the treatment area
- Pregnant and breastfeeding women
- Open wounds or sores on the treatment area
- Active herpes
- Allergy to aspirin and fruit acids
- Clients with one to two herpes rashes per year must take anti-viral medication for one week prior to treatment (acyclovir type)
- Skin diseases
- Skin burns (sun or other) Exposure to sun or UV 48 hours before treatment
- Wounds in the process of healing (scabs)
- History of keloids
- Recent dermabrasion before the treatment
- The client must not have taken vitamin A derivatives or treatment such as Roaccutane and its generic molecules, heavy corticosteroid treatment, or heavy antibiotic treatment six months before the peel (serious post-peel side effects)
- The client must not be undergoing chemotherapy and must not have undergone chemotherapy 1 year before the treatment

POST TREATMENT

- The person who has received the treatment may not expose himself to the sun for 5 days after the treatment.
- You may not bathe or go into a jacuzzi, sauna or hammam for 5 days after the treatment.
- It is advisable to wait at least 5 hours before applying make-up. Ideally, wait 24 hours before applying make-up.
- During the peeling period (if localized peeling), the person should not remove the dead skin, and wait for it to fall off naturally.

Celestetic HydraCare or UltimateCare and UltimateProtect are highly recommended after the treatment. The skin should be moisturised regularly for 5 days after the treatment.

ENSURE THAT CLIENTS UNDERSTAND THE POST-CARE RECOMMENDATIONS

FACIAL TREATMENT PROTOCOL

It is mandatory to follow the steps described below. Celestetic will not be responsible for any failure to follow the treatment protocol.

1. Remove make-up and clean the skin. We recommend the use of Soft Clean cleansing milk and Micellar Clean pH-neutral micellar water
2. Put on disposable gloves that have not been used.
3. Thoroughly cleanse and disinfect the skin with Celestetic Prep Solution. Apply Prep Solution to a cotton pad and wipe over the entire face. Avoid the area around the eyes. This step is essential as it ensures that all make-up residue and impurities are removed.
4. Effectively protect the eyes with cotton pads.
5. Pour 3 to 5ml of the chosen peel into a clean and disinfected cup. Choose the peel according to the indication, skin type and skin colour as indicated in the following table.
6. Dip a clean, disinfected peeling brush into the solution and apply a thin, even layer to the face. Do not apply to the eye area.
7. Leave to set, following the recommendations in the table below. A tingling sensation or even heat is normal.
8. Once the application time has elapsed, neutralise the peel with the Neutralizing Solution. Apply the solution with well soaked cotton pads. Make 2 passes. Neutralising the peel is mandatory to rebalance the skin's pH.
9. Warn the client that a tingling sensation is normal during this step.
10. Apply the Hydra Protect or Ultimate cream (depending on the skin type) with a gentle effleurage, without aggressing the skin sensitised by the peel.
11. Apply Ultimate Protect cream (SPF 30) with a gentle effleurage, without aggressing the skin sensitised by the peel.



Never hold the cup filled with solution over the client's face.

RECOMMENDED TREATMENT FREQUENCY

- The initial course of treatment should consist of 6 sessions.
- Each PEEL 2.0 Advanced session should be separated by 3 weeks.
- After the first six sessions, a maintenance session is recommended every 2 to 3 months.

CHOICE OF PEELING

The choice of the right peel is extremely important. It must be adapted to the skin type and skin colour of the person who is to receive the peel, and meet the indications presented (acne, wrinkles, spots, etc).

Skin Colour

In order to choose the most suitable peel and obtain optimal results in complete safety, we will use the Fitzpatrick classification, which determines 6 major skin colour families:

1. Very white skin (red hair)
2. White skin (blond to brown hair)
3. Mediterranean skin
4. North African and Asian skin
5. Indian and light African skin
6. Dark skin



Skin THICKNESS

You should also take into account the thickness of the skin:

Thin skin : needs less time of application

Thick skin : can be left for longer

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CHOICE OF TREATMENT PEEL-INDICATIONS

PURE PEEL

- Combination to oily skin
- Hormonal ou bacterial acne
- Enlarged pores
- Visible blackheads
- Bacterial inflammation



ANTI-AGING PEEL

- All ages and all skin types
- Spots, Sun damaged skin
- Wrinkles and imperfections
- Lack of elasticity and firmness



SENSITIVE PEEL

- Rosacea
- Redness and inflammation
- Damaged and thin skin
- Itching



WHITENING PEEL

- Irregular pigmentation
- Hyperpigmentation
- Sun spots
- Melasma



FLASH C PEEL

Flash C is not a classic treatment peel but a solution for an immediate radiance, a healthy glow and a visible skin tightening effect immediately after the treatment. It is ideal before an important event or a photo shoot. It does not need to be neutralized

- Need for hydration
- All skin types
- Antioxidant protection
- Fine lines due to photoaging



TIME OF APPLICATION



Always ask the client how they feel. A tingling sensation is normally felt. If the sensation is too intense or difficult to bear, neutralise the peel with Neutralizing Solution

: THIN SKIN- COLOR 1 to 3

Peel	Session 1	Session 2	Session 3 à 6
Anti Aging	2 minutes	4 minutes	7 minutes
Acne	2 minutes	4 minutes	7 minutes
Sensitive	5 minutes	8 minutes	10 minutes
Whitening	4 minutes	7 minutes	10 minutes
Flash C	8 minutes	8 minutes	8 minutes

THICK SKIN- COLOR 1 to 3

Peel	Session 1	Session 2	Session 3 à 6
Anti Aging	3 minutes	5 minutes	10 minutes
Acne	3 minutes	5 minutes	10 minutes
Sensitive	6 minutes	9 minutes	12 minutes
Whitening	5 minutes	8 minutes	12 minutes
Flash C	10 minutes	10 minutes	10 minutes



Always observe the client's skin during the application. If extreme redness or burning sensations: neutralise the peel



Acne and Anti Aging peels should not be used on skin types 4, 5 and 6. This could cause burning, depigmentation and spots.

THIN AND THICK SKIN- COLOR 4 to 6

Peel	Session 1	Session 2	Session 3 à 6
Anti Aging	x	x	x
Acne	x	x	x
Sensitive	3 minutes	5 minutes	7 minutes
Whitening	3 minutes	5 minutes	7 minutes
Flash C	10 minutes	10 minutes	10 minutes

