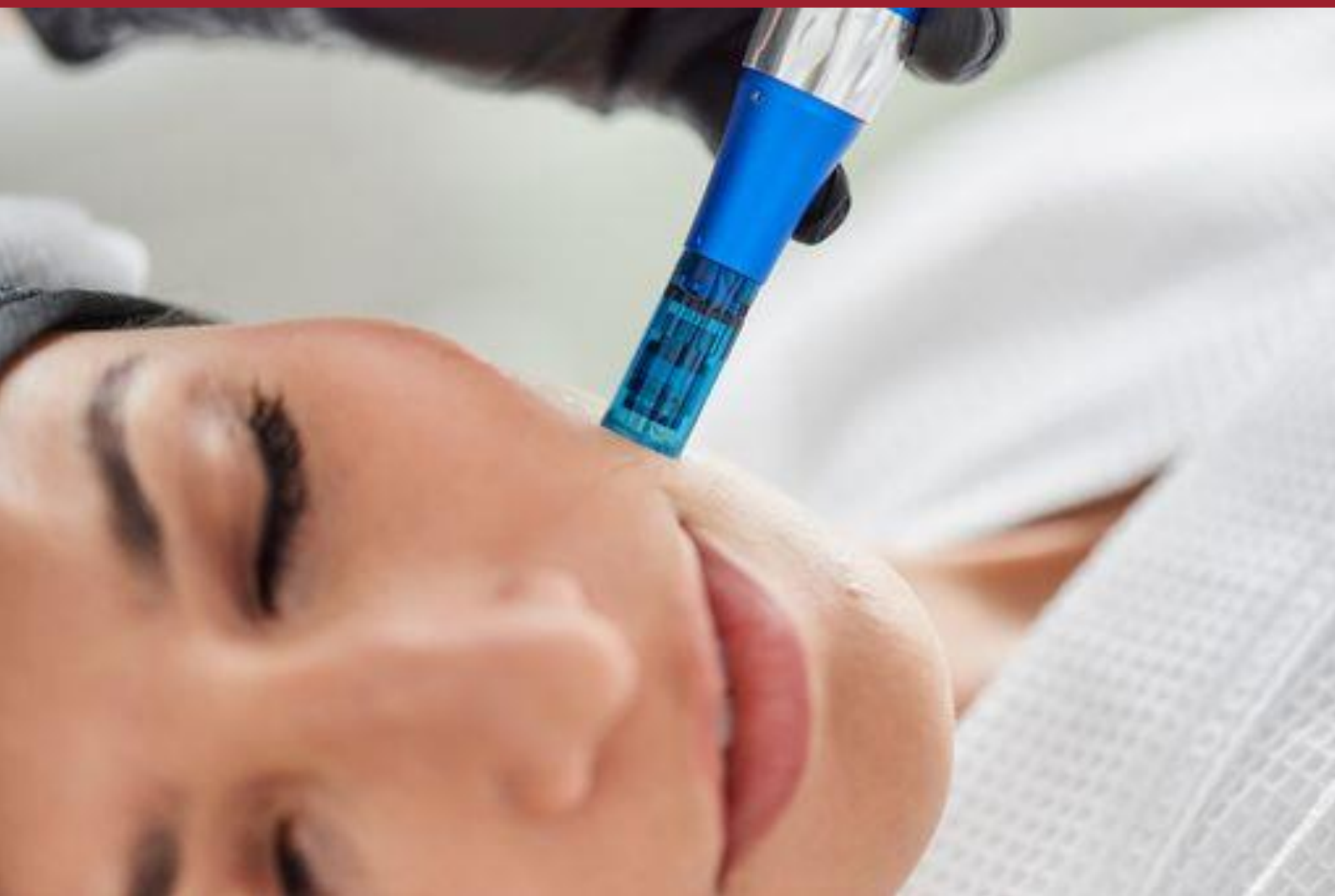


MICRONEEDLING



PROTOCOL: MICRONEEDLING PRACTICE WITH THE C-PEN AND C-EM SERUMS

SECURITY

MANDATORY PRE-TREATMENT REVIEW

It is compulsory to fill in the history and have it signed by the client before the treatment.

Celestetic is not responsible for any misuse of the products, failure to follow the protocol, or failure to provide information to the person receiving the treatment.

CONTRAINDICATIONS

Do not perform the treatment if the client has any of the following contraindications:

- Skin diseases
- Hereditary dysplastic nevus syndrome Previous
- melanoma
- Systemic lupus erythematosus
- Difficult healing and keloid scars (blistering) Pregnant and
- breastfeeding women
- Persons under 12 years of age
- Presence of actinic keratoses
- Dermatoses (psoriasis, eczema, etc.)
- Previous treatment with methotrexate or cyclosporine Skin
- photosensitivity
- Patients with many moles (more than 50) Patients with more than
- atypical moles Patients undergoing chemotherapy
-

SIDE EFFECTS

- The treatment may cause an allergic reaction in people with a skin allergy to metals.
- Treatment may cause an acne breakout in people with severe acne.
- The treatment may cause excessive pigmentation in people with overly sensitive skin, particularly if too much pressure is applied (very limited likelihood when C-EM serums are used as they contain anti-pigmentation ingredients).
- Itching, tingling and a feeling of warmth in the skin may occur. The treated area may be red
- for several hours after the treatment.
- The treated area may peel slightly after a few days. Dead skin should not be removed.

AFTER THE TREATMENT

- The client should not expose herself to the sun
- She must not bathe or go to a sauna, jacuzzi, hammam, bath or swimming pool within 3 days after the treatment.
- It is recommended not to apply sunscreen immediately after the treatment. Sunscreens are potentially irritating if they get into the open channels. Instead, sunscreen should be applied the next day.
- The client should moisturise her skin morning and night as much as possible (as often as necessary).

INSTALLATION OF THE NEEDLE CARTRIDGE

It is mandatory to use sterile packaged needles. Celestetic is not responsible for the use of non-conforming or non-sterile needles.

The slightly yellow colour of the plastic around the needles is caused by gamma sterilisation. This is normal and characteristic of proper sterilization.



The needle can only be used once, on the same person. It can be used on several areas in the same session, on the same person.

It is strictly forbidden to use the same needle on several people.

It is strictly forbidden to use the same needle on the same person in a subsequent session.

- Before inserting the needle, check that the packaging is intact. If it is not intact, dispose of the needle cartridge according to the regulations in force.
- Always open the package in front of the client to ensure that it is a new sterile cartridge. Open the package by holding the side of the cartridge opposite the needles. Never touch the needles at any time during the procedure.
- Once the cartridge has been removed from its packaging, check the spring. Never touch the needles.
- Insert the cartridge into the C-Pen, turning clockwise. Do not overtighten. To remove the cartridge, turn in the opposite direction.

C-PEN SETTINGS

It is mandatory to determine the skin type before proceeding with the treatment. The settings provided in this protocol must be respected.

CHOICE OF TREATMENT DEPTH

Zone	Thin skin	Thick skin	Dark skin
Front	0.25 mm	0.25 mm	0.2 mm
Between eyebrows	0.25 mm	0.5 mm	0.2 mm
Pockets and dark circles	X	X	0.2 mm
Temples	0.25 mm	0.5 mm	0.2 mm
Cheeks and chin	0.25 mm	0.5 mm	0.2 mm
Upper lip	0.25 mm	0.5 mm	0.2 mm
Post-acne scars	0.5 mm	0.5 mm	0.2 mm
Stretch marks	0.5 mm	0.5 mm	0.2 mm
Alopecia	0.5 mm	0.5 mm	0.2 mm
Neck treatment	0.25 mm	0.25 mm	0.2 mm
Nose	0.25 mm	0.5 mm	0.2 mm



Microneedling consists of treating the superficial layers of the epidermis without ever treating deeper. The stimulation of the upper layers of the epidermis is sufficient to generate the desired effects.

The normal reaction is pink to slightly red skin. The skin should not bleed.

CHOICE OF TREATMENT DEPTH

Zone	Skin quality	Speed
Face	Thin and sensitive skin	1 to 2
Face	Normal skin	2 to 3
Face	Thick skin	3 to 4
Body	All skin types	4 to 5 to 6
Scalp		3 to 5

FACIAL TREATMENT PROTOCOL

PREPARATION BEFORE THE TREATMENT

- Remove make-up and clean the skin. We recommend the use of Soft Clean cleansing milk. Apply
- new disposable gloves.
- Thoroughly complete the cleansing with Prep Solution.

USE OF C-EM SERUMS

- The dosing pipette used to extract the dose of C-EM must be sterilised (usual method for aesthetic instruments).
- To choose the right C-EM, refer to the chapter "Choosing the C-EM".
- Do not touch the client's skin with the pipette. Do not put any product back into the bottle if the pipette has been in contact with the client's skin.
- Extract 5ml of the chosen serum with the pipette. 5ml is the recommended amount for a face and neck treatment.
- With two fingers (always gloved hands), gently spread the product over the entire area to be treated.

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PROFESSIONALS

FACIAL TREATMENT

Once the C-EM is applied, gently hold the skin taut with one hand. With the other hand, while holding the pen, use a steady, slow treatment rhythm. Work back and forth in a linear fashion two or three times and finish with very small circles, always perpendicular to the skin.

Work at a rate of 5cm per second.

Work well perpendicular to the skin.



Never press too hard and avoid treating sensitive areas.

It is forbidden to treat the areas below the eye (risk of injury).

If you notice any bleeding, immediately reduce the speed and depth of treatment.

Scar treatment

Make three passes along the length of the scar and three passes along the width of the scar. The scar should turn pink. Use C-EM EGF Regen.



It is strictly forbidden to treat keloids or hypertrophic scars. They can be recognised by their swollen appearance.

TREATMENT OF STRETCH MARKS

Treat stretch marks with three strokes. Use slow, circular movements over the entire area. Use C-EM EGF Regen.

SCALP TREATMENT

Make three passes per area after applying C-EM Hair Growth to the area where regrowth is desired.

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CHOICE OF C-EM

EGF REGEN

- Mature skin
- Lack of firmness
- Wrinkles
- Acne scars
- Stretchmarks



EYE PERFECT

- Eye contour
 - Wrinkles
 - Fine lines around eyes
 - Dark circles
- Puffiness



HYPER PIGMENT

- All types of pigment spots
- All skin types



SENSITIVE CARE

- Sensitive skin
- Fine skin
- Reactive skin
- Redness



BTX EFFECT

- Expression lines
- Deep lines
- Immediate tightening effect



HYDRA REPAIR

- Dehydration
- Lack of radiance
- Fine lines



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ACNE CLEAN

- Blemished skin Acne
- Excess sebum
- Oily skin
- Blackheads and blackheads



AOX REPAIR

- All skin types Dull complexion
- Smoker's wrinkles
- Brown spots due to the sun Skin exposed to pollution Prevention of photo-ageing



With the C-EMs, you can practice by zoning, and choose a different serum according to the indications to be treated on the different areas of the face. We recommend 1ml for each small area of the face.



RECOMMENDED FREQUENCY OF TREATMENT

A course of 6 sessions is recommended to ensure optimal results.

The treatment can be performed every 14 days on the same area.

Once the 6 sessions have been completed, a maintenance session is recommended every two to three months

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